

### Session Title

Mental Health in the Federal Community (*OPM*)

### Session Date

Thursday, April 16, 2015 • 10:00 - 10:50 am EST

### Session Objective

At the end of this session, attendees will be able to recognize how effective and confidential Employee Assistance Programs (EAP) can assist in managing individual, family, or workplace stress before a crisis develops.

### Presenters

Tiffany Bailey (OPM) – [Tiffany.Bailey@opm.gov](mailto:Tiffany.Bailey@opm.gov)

Jeffrey Mintzer (HHS) – [jeffrey.mintzer@foh.hhs.gov](mailto:jeffrey.mintzer@foh.hhs.gov)

James Wright (HHS)

### Presenter Biographies

Tiffany Bailey is an HR Specialist in Work-Life and Leadership and Executive Development at the Office of Personnel Management.

Jeffrey Mintzer is the Deputy Director for the FOH Behavioral Health Division at Federal Occupational Health (FOH), a service division of HHS in Washington, DC.

James Wright is a Public Health Advisor in the Suicide Prevention Branch in the Substance Abuse and Mental Health Services Administration (SAMHSA), an OpDiv of HHS.